

KIDNEY • LUNGS • IMMUNITY • ALLERGIES

Houttuynia is seen as a detoxifier, cleansing the mucosal system

HouttuyniaQi

**Product Benefits: Enhanced Brain Function, Improved Immune Function
Antiviral / Anti Fungal / Antibacterial Effects, Improved Cell Repair. Radiation
Protection, Detoxification, Anti Inflammatory Support Antioxidant Support**

- Stronger Circulation • Better Heart Function
- Relief From Allergies • More Energy
- Relief From Skin Diseases (e.g. Lyme, Bartonella)
- Prevents Allergies • Reduces Asthma
- Removes Free Radicals (Toxins)
- Fights Bacteria • Eliminate A Variety Of Toxins
- Histamine Blocking • Prevent Anaphylactic Shock



It has been used traditionally to treat various types of infections, inflammation, hypertension, sinusitis, pulmonary tuberculosis, etc.. Dr. Lee Cowden has found Houttuynia to be clinically effective against Lyme Disease in patients who have resistant strains of Bartonella.



How does it work? Houttuynia is considered to be an antidotal astringent, diuretic, a mild laxative, anti-inflammatory, urinary antiseptic, analgesic, anti-tussive, and vulnerary. Internally, it is used for anal prolapse, dyspepsia, infectious skin diseases, pernicious malaria, infected sores, snakebites, tumors, cancer, cough, dysentery, enteritis, fever, gastritis, hemoptysis, laryngitis, lung abscess, chronic bronchitis, pneumonia, pertusis, hemorrhoids, pharyngitis, chronic uterine or cervical infection, leprospirosis, otitis media, cystitis, urinary infection, and mastitis.



HOUTTUYNIA RESEARCH

Cognitive impairment is a result of dementia of diverse causes, such as cholinergic dysfunction and Alzheimer's disease (AD). Research results indicate that water extracts of Houttuynia Cordata (HC) improved cognitive impairment, due to cholinergic dysfunction, with inhibitory effects against tauopathies and cholinergic antagonists, suggesting that HC may be an interesting candidate to investigate for the treatment of AD. Huh, E, "Houttuynia cordata Improves Cognitive Deficits in Cholinergic Dysfunction Alzheimer's Disease-Like Models." *Biomol Ther* (Seoul). 2014 May;22(3):176-83. doi: 10.4062/biomolther.2014.040.

Preclinical Study:

Stevia Kills helps inhibit Lyme Disease polymorphisim

Lyme disease is exceedingly difficult to treat, due to its well-known shape-shifting (pleomorphic) abilities, with conventional antibiotics often failing to produce a long-term cure. Could the commonly used natural plant Stevia provide a safer, and more effective means to combat this increasingly prevalent infection?

A promising new preclinical study has revealed that whole stevia leaf extract possesses exceptional antibiotic activity against the exceedingly difficult to treat pathogen *Borrelia Burgdorferi* known to cause Lyme disease.

What is Cat's claw?

Botanical name: **Uncaria Tomentosa** or better known as Cat's claw is most commonly used for improving symptoms of both osteoarthritis and rheumatoid arthritis. It is also used for various digestive system disorders including swelling and pain (inflammation) of the large intestine (diverticulitis), inflammation of the lower bowel (colitis), inflammation of the lining of the stomach (gastritis), stomach ulcers, hemorrhoids, and leaky bowel syndrome.

Some people use cat's claw for viral infections including shingles (caused by herpes zoster), cold sores (caused by herpes simplex), and AIDS (caused by human immunodeficiency virus (HIV)).

Cat's claw is also used for chronic fatigue syndrome (CFS), wound healing, parasites, Alzheimer's disease, Asthma, hay fever, cancer (especially urinary tract cancer), a particular type of brain cancer called glioblastoma, gonorrhea, dysentery, birth control, bone pains, and "cleansing" the kidneys.

How does it work?

Cat's claw contains chemicals that might stimulate the immune system, kill cancer cells, and fight viruses.



Dosage: 1-2 capsules per day for maintenance; 4 to 8 capsules per day for thereputic effects.